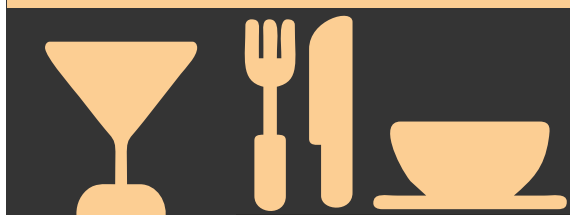


👍 -TOP SALES

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Paris 4,50€

- 1 hot beverage*
- 1 viennoiserie of your choice
- 1 bread roll of your choice
- butter and jam (strawberry or apricot)

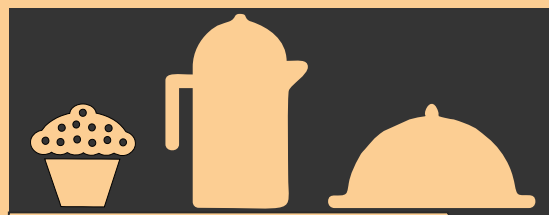
Menu BREAKFAST

Sfizio CAFFÈ

Continental 7,00€

- 1 hot beverage*
- 1 fresh orange juice
- 1 viennoiserie of your choice
- 1 bread roll of your choice
- butter and jam (strawberry or apricot)

(served from 9AM/12PM)

English 10,50€

- 1 hot beverage*
- 1 fresh orange Juice
- 1 viennoiserie of your choice
- 1 bread of your choice butter and jam
- 1 plain omelette

Breakfast Bowls

- 👍 Açaí Bali Bowl (with fresh fruits and granola) 8,00€
- Greek Yogurt Bowl (with honey and granola) 4,50€ *extra fresh fruit 2.50€

Hot Drinks

Espresso*	0,80€
Americano*	1,25€
Caffè latte*	1,50€
Capuccino	2,20€
Mocaccino	3,50€
Latte Macchiato*	1,50€
👍 Caramel Macchiato	3,50€
Regular Hot Chocolate*	3,50€
Italian Hot Chocolate	2,00€
Tea* (green, black, camomile)	1,50€

*Milk

- Lactose Free 1,50€
- Oat 2,20€
- +0,50€

Eggs

- 3 Eggs your way 🌱 *extra bacon 2,50€
 - Scrambled 4,00€
 - Fried 3,50€
- Plain Omelette 🌱 4,00€

*Add on : -cheese 1,50€ -ham 1,50€ bacon 2,50€
 -spinach 2€ -mushrooms 2€ -salmon 3€
 -tomato 1,50€ -vegetables 2€

- 👍 -Chia Egg White Omelette 🌱 7,00€ (your choice of whole or withe eggs mixed with chia seeds with spinach, dry tomato, with side salad)

Morning Cakes

- English Scones (butter and jam) 3,00€
- 👍 Pound Cakes (options from our display) 3.00€
- Croissant (butter & jam) 2,50€

👍 Brunch 15€

french croissant and bread basket,
 butter, jam, honey and nutella,
 pancakes
 yogurt bowl
 scrambled eggs with bacon
 fresh orange juice
 coffee,caffè latte,hot chocolate or tea

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Toasts

- Philadelphia Salmon Toast 🌱 (smoked salmon on toast spreaded with philadelphia cheese and cherry tomato) 8,00€
- 👍 Egg Avocado Toast 🌱 (mashed avocado on toast with poached egg and cereals on top) 6,00€
- Ham & Cheese Toast (crunchy pressed toast with ham and cheese, spreaded with butter) 5,00€
- Fresh Pomodoro Spanish Toast 🌱 (open face toast with crushed fresh tomato and olive oil) 3,75€
- Plain Toast (jam and butter) 🌱 3,75€

Pancakes

- Sugar & Cinnamon 4,00€
- Salted Caramel,Banana & Cream 6,50€
- Nutella & Coconut Flakes 6,50€
- Honey or Jam 5,00€

Juices 100%

- Fresh Orange Juice 3,00€
- Today ´s Special Juice 3,00€
- Fresh Lemonade (sugar free option) 3,00€

Portuguese Pastry

👍 1,25€ each



Box 6 unit 7,50€



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Smoothies & Shakes

- Yogurt Banana Oat & Honey Smoothie 6,50€
- 👍 -Açaí Berry Fruits Milk shake 7,50€
- Vanilla,Strawberry or Chocolate 6,00€

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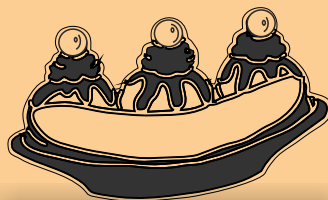
VAT included

👍 -TOP SALES



Menu AFTERNOON

Sfizio
CAFFÈ



Ice Cream

- 👍 -Banana Split 8,00€
- Ice Cream Bowl
 - 1 scoop 2,50€
 - 2 scoop 5,00€
 - 3 scoop 7,50€

*add cream 1,50€
*add fresh fruit 1,50€

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Crepes & Pancakes

Sugar & Cinnamon
4,00€

👍 Berry Fruit and ice cream scoop
6,50€

Nutella and Banana
6,50€

Nutella, Honey or Jam
5,00€ *add ice cream 2€

Tea Time Cakes

English Scones (butter and jam)
3,00€

👍 Pound Cakes (options from our display)
3,00€

Almond Tart
2,75€

Juices 100%

Fresh Orange Juice
3,00€

Today's Special Juice
3,00€

Fresh Lemonade (sugar free option)
3,00€

👍 Lemon Mint
3,25€

Home Made Desserts & Cakes

👍 New York Cheesecake
(strawberry, salted caramel or chocolate)
4,50€

Lemon Meringue Pie
3,50€

👍 Original Tiramisù
4,50€

Petit Gâteau
(served with ice cream scoop)
5,50€

👍 Apple Crumble Slice
(served with ice cream scoop)
5,50€

-add ice cream
scoop

2€



CHECK OUR DISPLAY FRIDGE
FOR OUR DAILY
CHANGING CAKES !

👍 Raspberry Mille Feuille
4,00€

👍 Salted Caramel Mille Feuille
4,00€

Chocolate Orgasm 3,00€

👍 Fudge Brownie Bowl 5,50€
(served with ice cream scoop)

German Cake (chocolate, coconut) 3,50€

Strawberry Cheesecake 3,50€

Black Forest Cake 3,50€

Lime Cheesecake 3,50€

Bowls

👍 Açaí with fresh fruits and granola
8,00€

Greek Yogurt, Honey and Granola
4,50€ *extra fresh fruit 2.5€

Portuguese
Pastry



1,25€

Smoothies & Shakes

👍 Açaí, berry fruits Milk shake 7,50€

Greek yogurt, fresh pineapple Smoothie 6,50€

Vanilla / Strawberry / Chocolate 6,00€

Sandwiches & Toasts

👍 Piadina Sfizio

(italian flat bread with fresh mozzarella, parma ham, fresh tomato and rocket)
9,50€

Wraps

Salmon 7,50€ / Tuna 6,00€ / Chicken 6,00€

Ham & Cheese Toast

(crunchy pressed toast with ham and cheese, spreaded with butter)
5,00€

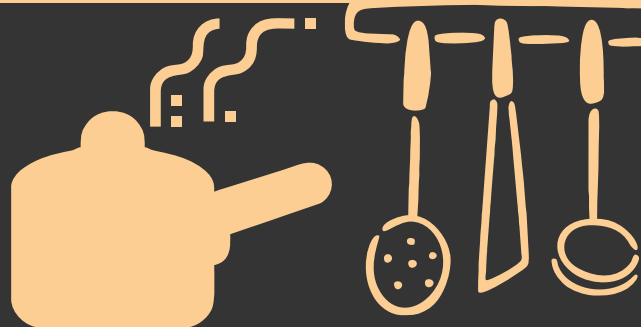
Plain Toast (jam & butter)

3,75€

VAT included



-TOP SALES



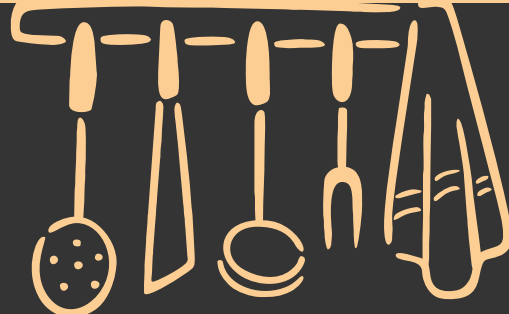
Menu

LUNCH

Sfizio
CAFFÈ

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Pasta

Linguine Gamberi

(gambas, tomate cereja e manjeriçao)
(shrimp, cherry tomato and basil)

15,00 €

Linguine ai Funghi

(parmesão, natas, cogumelos e azeite trufa)
(parmesan cheese, cream, mushrooms and truffle oil)

14,00 €

Penne all'Arrabiatta

(tomate cereja, peperoni e peperoncino)
(cherry tomato, peperoni and fresh chili)

11,50 €

Penne Pollo e Pesto

(pesto de majericão, frango)
(basil pesto sauce, chicken and rocket)

13,00 €

Linguine di Mare

(frutos de mar, tomate cereja e funcho)
(seafood, cherry tomato and fennel)

15,00 €

Lasagna Bolognese al Forno

13,00 €

Ravioli Sfizio (massa fresca)

(com burrata e trufa)

15,00€

Omelets

Simples

(plain)

7,50€

Queijo ou Fiambre

(ham or cheese)

9,50 €

Mista

(ham and cheese)

12,00 €

Vegetariana

(legumes salteados e mozzarella fresca)
(sauteed vegetables and fresh mozzarella)

11,00 €

Appetizers

-Casca Batata 4,50€

-Focacia Cheese 5,50€

-Duetto Crostini 4,00€

Risotto

Risotto Funghi

(arborio rice, mixed mushrooms, truffle oil)

15,00€

Gamberi

(arborio rice with shrimp and ginger)

15.50€

Asparagi

(arborio rice with parmesan and asparagus)

14.50€

Follow us

Salads

Chicken Caesar

(alface, tomate cereja, croutons, parmesão, frango e molho César)
(lettuce, cherry tomato, bread croutons, parmesan, chicken and our Caesar dressing)

12,50€

Gamberi

(misto verdes, tomate cereja croutons, miolo de camarão, manga e molho yogurt)
(green leaves, croutons, cherry tomato shrimp, fresh mango and yogurt dressing)

13,50€

Tropical Salmone

(misto de verdes, manga, salmão fumado, philadelphia e vinagrete)
(green leaves, smoked salmon, fresh mango, philadelphia and vinager dressing)

14,00€

Pineapple Tuna

(misto de verdes, tomate, ovo cozido, ananás, azeitonas e atum)
(green leaves, tuna, pineapple, boiled egg, tomato and olives)

12,50€

Sfizio Caprese

(rúcula, tomate, mozzarella fresca e pesto de manjeriçao)
(rocket leaves, tomato, fresh mozzarella and basil pesto)

10,50€

Meat

Bistecca alla Griglia (250gr)

(grilled sirloin steak)

15,50€



Bistecca ai Funghi (250gr)

(grilled sirloin steak with mushrooms sauce)

16,00€

Scaloppine di Pollo al Limone

(chicken scallops in lemon butter sauce)

14,00€

Petto di Pollo alla Griglia

(grilled chicken breast)

13,50€

Plumas de Porco Castanho na Grelha

(grilled brown pig steak)

14,50€

*todas as carnes incluem um acompanhamento á escolha
*(one side included of your choice)

Sides

-espinafres/spinach

-legumes/vegetables

-batata frita/fries

-salada/salad

Fish

Filetto di Salmone

(lombo de salmão com manteiga de funcho)
(brased salmon filet with fennel butter)

incluido um acompanhamento(one side included)

15,50€



Brás de Bacalhau

(traditional Portuguese dish of codfish)

14,00€

Buon Appetito

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-TOP SALES



Pizza

Margherita 🍅

(tomate, mozzarella e manjeriçao)
(tomato, mozzarella and basil)

10,50 €

Prosciutto Cotto

(tomate, mozzarella, fiambre e cogumelos)
(tomato, mozzarella, ham and mushrooms)

13,00 €

Uova

(tomate, mozzarella bacon e ovo)
(tomato, mozzarella, bacon and egg)

13,50 €

Pizza a gosto

(base margherita com ingredientes á escolha)
(margherita with your choice)

Ingredientes

1,50 € (cada) *especiais 2.50€ (cada)

fiambre/bacon/*presunto/*salame peperoni/rúcula
cogumelos/abacaxi/tomate cherry/extra queijo

ovo/*camarão/atum/frango/*mozzarella fresca/cebola/azeitona

ham/bacon/*parma ham/*spicy sausage/rocket
mushrooms/pineapple/cherry tomato/*shrimp/egg
extra cheese/tuna/chicken/*fresh mozzraella/onions/olives

Calzone

Calzone Cotto

(tomate, mozzarella, fiambre, bacon e cogumelos)
(tomato, mozzarella, ham, bacon and mushrooms)

14,00 €



Calzone Inferno 🌶️

(tomate, mozzarella, salame pepperoni e ovo)
(tomato, mozzarella, pepperoni sausage and egg)

14,50 €

Wraps

- Frango / Chicken 6,00 €

(alface, frango, ananás e mayonesa)
(lettuce, chicken, pineapple and mayonese)

- Atum / Tuna 6,00 €

(alface, mayonese, atum e ovo cozido)
(lettuce, mayonese, tuna and boiled egg)

- Salmão / Salmon 7,50 €

(alface, salmão, manga e yogurt)
(lettuce, salmon, mango and yogurt)

- Veggie 🍅 7,50 €

(legumes salteados, mozzarella fresca e majericão)
(sauteed vegetables, fresh mozzarella and basil)

Menu

PIZZA & SNACKS



Special Pizza



Sfizio

(tomate, mozzarella, cherry, rúcula, presunto e parmesão)
(tomato, mozzarella, cherry, rocket, Parma ham and parmesan)

15,50 €

Parma

(tomate, mozzarella, presunto)
(tomato, mozzarella, Parma ham)

14,50 €



Bufala 🍅

(tomate, mozzarella fresca, rúcula e tomate fresco)
(tomato, fresh mozzarella, rocket and fresh tomato)

13,00 €

Diavola 🌶️

(tomate, mozzarella, peperoncino, salame pepperoni)
(tomato, mozzarella, pepperoni and chilli flakes)

13,50 €

Gamberi

(tomate, mozzarella, gambas e rúcula)
(tomato, mozzarella, shrimp and rocket)

15,00 €

Bruschettas

Presunto

(molho tomate, presunto, rúcula e parmesão)
(tomato sauce, parma ham, rocket and parmesan)

7,00 €

Caprese 🍅

(molho tomate, mozzarella fresca, rúcula, tomate e pesto)
(tomato sauce, fresh mozzarella, rocket, fresh tomato and pesto)

7,00 €



Avocado

(philadelphia, abacate, frango grelhado e flocos de chilli)
(philadelphia, avocado, grilled chicken and chilli flakes)

8,50 €

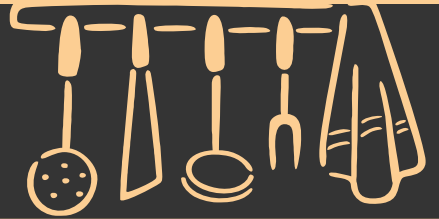
Salmone 🍅

(philadelphia, salmão fumado e rúcula)
(philadelphia, smoked salmon and rocket)

8,50 €

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Piadina



Sfizio

(presunto, mozzarella fresca tomate e rúcula)
(Parma ham, fresh mozzarella, tomato, rocket)

9,50 €

Cotto

(fiambre, mozzarella e oragãos)
(ham, mozzarella and origano)

6,50 €

Prosciutto Crudo

(presunto, mozzarella e rúcula)
(parma ham, mozzarella and rocket leaves)

8,50 €

Pollo

(frango, mozzarella, e cogumelos salteados)
(chicken, mozzarella, and sauteed mushrooms)

8,00 €

Tonno 🍅

(atum, mayonese e ovo)
(tuna, mayo and boiled egg)

7,00 €

Vegetariana

(legumes salteados, mozzarella fresca e manjeriçao)
(sauteed vegetables, fresh mozzarella and basil)

9,00 €

Sandwiches



Rosbife

(rosbife, rúcula, pimentos e molho mel e mostarda)
(roast beef, rocket, peppers and honey mustard)

6,50 €

Caesar di Pollo

(frango, alface, molho caesar e parmesão)
(chicken, lettuce, caesar dress and parmesan)

5,50 €

Parma

(presunto, queijo fresco e rúcula)
(Parma ham, fresh mozzarella and rocket)

6,00 €

Salmone

(salmão fumado, queijo creme e rúcula)
(smoked salmon, cream cheese and rocket)

7,50 €

Caprese 🍅

(mozzarella fresca, rúcula, tomate e pesto)
(fresh mozzarella, rocket, fresh tomato and pesto)

6,00 €